

The heart

- WALT: To explore the structure and function of the heart
- WILF: Clear labelling
- Starter:

How can we keep our heart healthy?
What is bad for our heart?

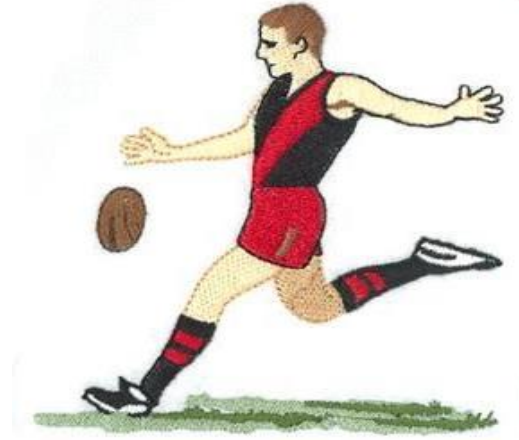
How big is your heart?



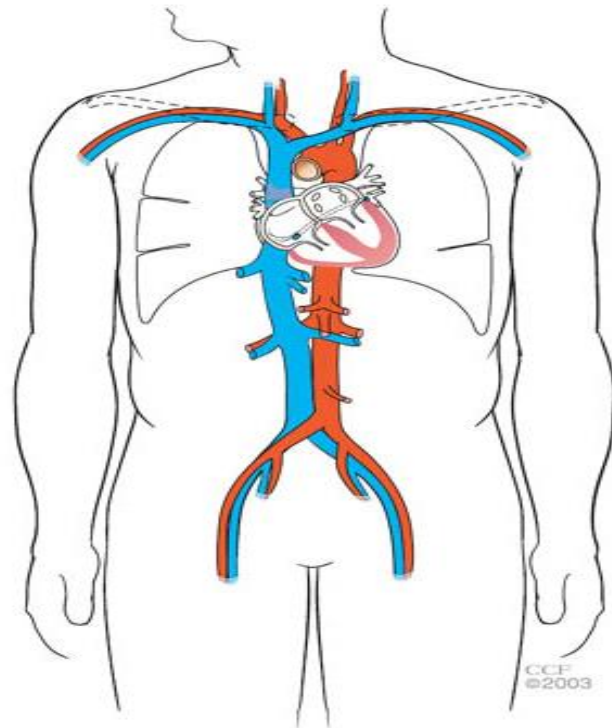
Clench your fist. That's about how big it is.

What do you think the heart is made of?

- It is important to exercise regularly because the heart is a muscle just like the muscles in your legs and arms. The fitter you are, the stronger your heart will become and the better it will work.



- The blood is carried away from the heart in the arteries and into the heart in the veins.
- The arteries supply the body with oxygenated blood. The veins carry the deoxygenated blood to the heart, which sends it to the lungs.



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- <http://www.brainpopjr.com/health/bodies/heart/preview.weml>
- <http://www.kscience.co.uk/animations/heart.swf>

Activity

- Colour in the heart and add labels (if you need to)
- Fill in the blanks
- Complete the final diagram