|  |  |  |
| --- | --- | --- |
| Monday - All About Me  I am special  All About Me Booklet  I am an Amazing Person -activity sheet  **I am Special Song** – join in this upbeat and catchy song about how God made everyone unique and special. <https://www.youtube.com/watch?v=LfcBsEV-Ntw&vl=en>  **Can you make up a verse to add to the song to say why you are special?** | Tuesday - Friendships  **How to be a good friend -PowerPoint**  **Trying to be a good friend – fill in the sheet and think about the qualities and actins needed to be a good friend.**  **Friendship Struggles Video**  <https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2-friendship-struggles/zbpvcqt>  Think about why Jess let Megan win? Did she do the right thing? What would you have done?  -Draw a picture of one of your good friends and write some adjectives around them to describe what makes them a good friend.  -Draw a self-portrait and write down some adjectives to describe what makes you a good friend. | |
| Friendship clipart, Friendship Transparent FREE for download on ...    **Transition Week – Primary 5-7** | | |
| Thursday – Mindfulness  **-Mindful Me – an introduction to mindfulness PowerPoint**  Mindfulness Clipart - Png Download (#2821542) - PinClipart  **-My Wellbeing Wheel - How do you feel? Stop and check in with how you feel during your day.**  **Discuss with an adult**  **-Mindfulness Colouring Pack**  **Cosmic Yoga**  <https://www.youtube.com/user/CosmicKidsYoga> | | Friday  End of Term Assembly |